

MELBOURNE BUDDHIST CENTRE

ETHICS | MEDITATION | WISDOM

Retreats offer a transformative experience to go deeper with meditation and understanding of Buddhism. Weekend retreats are held in the countryside allowing you to take a break from your daily routine and connect more fully with the natural environment, personal reflection and practice.

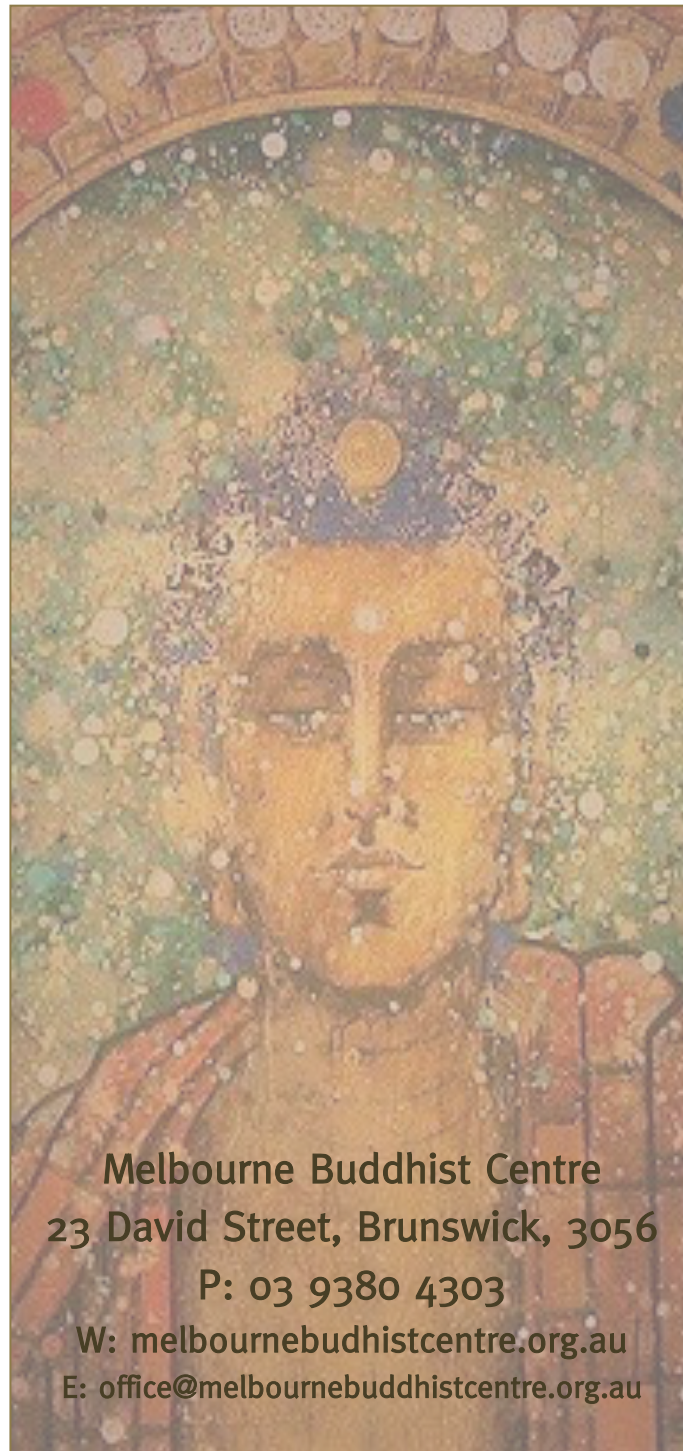
Day retreats are held at the MBC.

Sunday Morning Meditations are a three hour silent period of meditation, interspersed with periods of walking meditation. Suitable for regular meditators, every second month from 9.30am – 12.30am at the MBC.

Buddhist festivals are an opportunity to celebrate the Buddha, Dharma and Sangha and other significant events with our Buddhist community.

All Welcome

To book and further details go to
melbournebuddhistcentre.org.au



Melbourne Buddhist Centre
23 David Street, Brunswick, 3056

P: 03 9380 4303

W: melbournebuddhistcentre.org.au

E: office@melbournebuddhistcentre.org.au



MELBOURNE
BUDDHIST
CENTRE

2026
Calendar
Retreats, Events
And Festivals

January

- 4 Intro to Meditation Day – **Sraddhanaya**
- 11 'Is There Life After Death?' Day Retreat on the Tibetan Book of the Dead – **Viryasiddhi**
- 18 Day Retreat – **Dhiramani**
- 24-1 'Into the Wild' Camping Retreat – **Maitrijata**

February

- 1 Silent Sunday Meditation
- 8 Order/Mitra Day – **SkyRock Community**
- 19 Parinirvana Puja (TBC)
- 21-23 'Dhyana Made Simple' Online Retreat – **Bodhipaksa**

March

- 1 Order Day – **Sudaya**
- 7-9 "Gathering in the Buddhafield" Camping Retreat @ **SkyRock**
- 15 Chanting Workshop – **Maitridharani**
- 29 Silent Sunday Meditation

April

- 2-6 Easter Retreat – **Siladasa & Sraddhanaya**
- 12 Embodied Dharma Day Retreat – **Varadhi**

May

- 2 Buddha Day Festival
- 8-10 Embodied Dharma Retreat – **Varadhi**
- 15-17 Men's+ Weekend Retreat – **Apada**
- 31 Silent Sunday Meditation

June

- 14 Order/Mitra Day – **Apada & Rijumayi**
- 27 What is a Mitra? Afternoon Event – **Apada & Vimuttinandi**

July

- 3-10 Online Retreat with **Paramananda** (TBC)
- 5 Chanting Workshop – **Maitridharani**
- 19 Day Retreat – **Sraddhanaya, Rijumayi, Vidyatara, Dhiramani**
- 25 Dharma Day Festival
- 26 Embodied Dharma Day Retreat – **Varadhi**

August

- 2 Silent Sunday Meditation
- 9 Embodied Dharma Day Retreat – **Varadhi**
- 16 Day Retreat – **Sraddhanaya**
- 21-23 'Dancing with Demons' Weekend Retreat – **Bodhidasa & Viryasiddhi**
- 30 Order Day – **Sudaya**

September

- 20 Padmasambhava Day Festival
- 24-27 'Genjo Koan' Order/Mitra Retreat – **Moksavajra**

October

- 2-4 Embodied Dharma Retreat – **Varadhi**
- 4 Silent Sunday Meditation
- 17 Celebrating Ambedkar's Conversion (TBC)
- 31-3 Buddhafield Camping Retreat

November

- 6-13 Order/Mitra Retreat – **Vajradevi**
- 15 Half Day Workshop – **Bodhinaya**
- 21 Sangha Day Festival

December

- 4-6 Women's+ Retreat – **Sraddhanaya & Dantacitta**
- 6 Silent Sunday Meditation