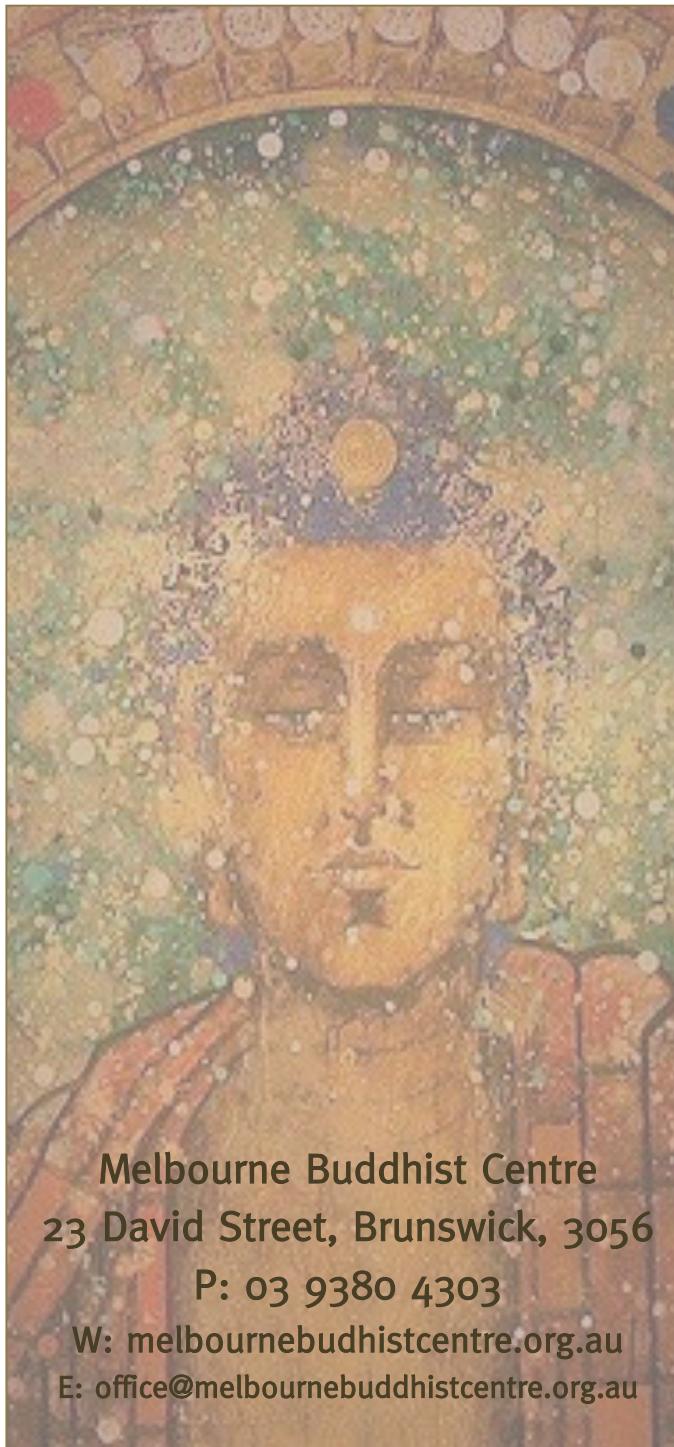


Retreats offer a transformative experience to go deeper with meditation and understanding of Buddhism. Weekend retreats are held in the countryside allowing you to take a break from your daily routine and connect more fully with the natural environment, personal reflection and practice.
Day retreats are held at the MBC.

Sunday Morning Meditations are a three hour silent period of meditation, interspersed with periods of walking meditation. Suitable for regular meditators, every second month from 9.30am – 12.30am at the MBC.

Buddhist festivals are an opportunity to celebrate the Buddha, Dharma and Sangha and other significant events with our Buddhist community.
All Welcome

To book and further details go to
melbournebuddhistcentre.org.au



Melbourne Buddhist Centre
23 David Street, Brunswick, 3056
P: 03 9380 4303
W: melbournebuddhistcentre.org.au
E: office@melbournebuddhistcentre.org.au



MELBOURNE
BUDDHIST
CENTRE

2026
Calendar
Retreats, Events
And Festivals

January

4 A Mind/Heart Reset for 2026 – **Sraddhanaya**
11 ‘Is There Life After Death?’ Day Retreat on the Tibetan Book of the Dead – **Viryasiddhi**
18 About ‘*Time*’! – **Dhiramani**
24-1 ‘Into the Wild’ Camping Retreat – **Maitrijata**

May

2 Buddha Day Festival
8-10 Embodied Dharma Retreat – **Varadhi**
15-17 Men’s+ Weekend Retreat – **Apada**
31 Silent Sunday Meditation

September

20 Padmasambhava Day Festival
24-27 ‘Genjo Koan’ Order/Mitra Retreat – **Moksavajra**

February

1 Silent Sunday Meditation
1 Parinirvana Afternoon Event
8 Order/Mitra Day – **SkyRock Community**
21-23 ‘Dhyana Made Simple’ Online Retreat – **Bodhipaksa**

June

14 Order/Mitra Day – **Apada & Rijumayi**
27 What is a Mitra? Afternoon Event – **Apada & Vimuttinandi**

October

2-4 Embodied Dharma Retreat – **Varadhi**
4 Silent Sunday Meditation
17 Celebrating Ambedkar’s Conversion (TBC)
31-3 Buddhafield Camping Retreat

March

1 Order Day – **Sudaya**
7-9 “Gathering in the Buddhafield” Camping Retreat @ **SkyRock**
15 Chanting Workshop – **Maitridharani**
29 Silent Sunday Meditation

July

3-10 Online Retreat with **Paramananda**
5 Chanting Workshop – **Maitridharani**
19 Day Retreat – **Sraddhanaya, Rijumayi, Vidyatara, Dhiramani**
25 Dharma Day Festival
26 Embodied Dharma Day Retreat – **Varadhi**

November

6-13 Order/Mitra Retreat – **Vajradevi**
15 Half Day Workshop – **Bodhinaya**
21 Sangha Day Festival

April

2-6 The Path of Loving-Kindness to Wisdom Easter Retreat – **Siladasa & Sraddhanaya**
12 Embodied Dharma Day Retreat – **Varadhi**

August

2 Silent Sunday Meditation
9 Embodied Dharma Day Retreat – **Varadhi**
16 Day Retreat – **Sraddhanaya**
21-23 ‘Dancing with Demons’ Weekend Retreat – **Bodhidasa & Viryasiddhi**
30 Order Day – **Sudaya**

December

4-6 Women’s+ Retreat – **Sraddhanaya & Dantacitta**
6 Silent Sunday Meditation